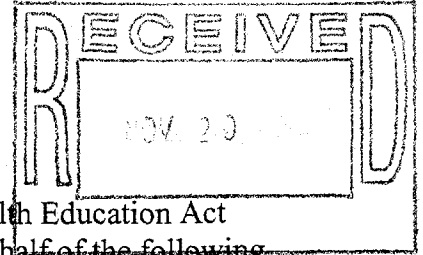


**NOTIFICATION PURSUANT TO  
SECTION 6 OF DSHEA**



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **American Body Building Products® Mass Recovery™, Product #55607 & #55608** bearing the statements set out below:

**Weider Nutrition International, Inc.** -1 17:25  
2002 South 5070 West  
Salt Lake City, Utah 84104

The text of each structure function claim for **Carbohydrate & Protein** is as follows:

- (Statement 1) Power and Recovery Formula
- (Statement 2) After a demanding workout, your body is at its maximum potential for absorbing carbohydrates and amino acids. Mass Recovery is designed to provide you with one of the optimal protein to carbohydrate ratios. This combination is designed to help support and maintain lean muscle mass and restore vital glycogen levels.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13th day of November, 2000.

WEIDER NUTRITION INTERNATIONAL, INC.

BY:

A handwritten signature in cursive script, appearing to read "DR. LUKE R. BUCCI".

DR. LUKE R. BUCCI

Vice President of Research

975-0162

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